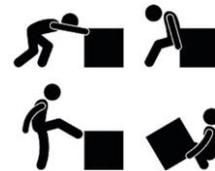


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MEETINGS	12 NA BEAUTIFUL ADDICTS 6 PM AA 1 ST STEP 1, 2, 3 8 PM NA EXPERIENCE, STRENGTH, & HOPE	5:30 PM AA WAY OF LIFE 7 PM AA PROUD AND SOBER 7:30 PM OA BIG BOOK SOLUTION GROUP	5:30 PM FAMILIES COPING WITH ADDICTION 7:00 PM MA STONE FREE	12 NA BEAUTIFUL ADDICTS 6:30 PM AA PRAYER & MEDITATION	6:30 PM AA GIRLS NIGHT OUT 12 BUDDHISM & THE 12 STEPS 8 PM AA FREAKY FRIDAY 7 PM BUDDHIST RECOVERY	10:30 AM NA WOMEN DO RECOVER 10:30 AM NA CLEAN DOODZ CLUB 12 AA 12x4 6:30 PM AA HOW IT WORKS	9:15 AM AA HIGHLIGHTERS 12 CODA 3:30 PM SOUGHT THROUGH PRAYER & MEDITATION 11TH STEP MEETING 6 PM AA INTO ACTION
	MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 2ND ANNUAL RELAX-A-THON! THANKSGIVING DAY!	FRIDAY There's no place like (a new) home.	SATURDAY 	SUNDAY 
PROGRAMS	7:15 AM MEDITATION 9 AM – 1 pm EMPLOYMENT CONSULTING 10:30 AM RECOVERY COMMUNITY YOGA 12 LUNCH WITH TED (TALKS) & KEN 2 PM Y12SR YOGA 5 PM CLOSED – RECOVERY SUPPORT HOURS END	7:15 AM MEDITATION 9 AM – 1 PM EMPLOYMENT CONSULTING 9:30 AM MOMS IN RECOVERY SUPPORT GROUP 2 PM 11/20 SELF DEFENSE and REIKI 10/16 3 PM 11/20 ASIAN BODY THERAPY ACUDETOX 5 PM CLOSED – RECOVERY SUPPORT HOURS END	7:15 AM MEDITATION 9 AM – 5 PM EMPLOYMENT CONSULTING 10:30 AM RECOVERY COMMUNITY YOGA 5 PM CLOSED – RECOVERY SUPPORT HOURS END 5:30 PM 11/14 TPCCC BOARD MEETING	7:15 AM MEDITATION 9 AM - 1 PM EMPLOYMENT CONSULTING 9:30 AM MOMS IN RECOVERY SUPPORT GROUP 1 PM VOLUNTEER ORIENTATION 3 PM 11/15 REHUMAN 5 PM SANGHA YOGA 5 PM CLOSED RECOVERY SUPPORT HOURS END	10:30 AM RECOVERY COMMUNITY YOGA 3 PM HOMEMADE HOLIDAYS! 3 PM - 5 PM OPEN ART 5 PM CLOSED – RECOVERY SUPPORT HOURS END	10 AM 5 PM OPEN ART 4:30 PM MOMS IN RECOVERY SUPPORT GROUP 	10 AM – 2 PM OPEN ART 11 AM MINDFUL BEGINNINGS 1:30 PM 11/11 REIKI 2 PM SUNDAY AT THE MOVIES! 5 PM CLOSED – RECOVERY SUPPORT HOURS END



Y12SR YOGA
Mondays 2 PM
 A unique blending of a meeting and a Yoga class!

IMPORTANT
 Please note that we close a 5 pm
 For meetings in the evening, you may come a half hour before the start of the meeting you are attending.

NOVEMBER 28TH
WE ARE IN OUR NEW HOME!

**LOOKING FOR WORK?
 WE'RE HERE TO HELP!**

**EMPLOYMENT CONSULTING
 MONDAY - THURSDAY**

The Turning Point Center of Chittenden County now has a Recovery Coach with the ability to work with the Deaf and Hard of Hearing Community. For more information kenj@turningpointcentervt.org

RECOVERY COMMUNITY YOGA
M, W, F 10:30 AM
ALL LEVELS WELCOME!

MINDFUL BEGINNINGS
11AM-12
COME LEARN THIS POWERFUL TOOL FOR YOUR RECOVERY!

The Turning Point Center of Chittenden County provides a drug free and alcohol free environment for peer-to-peer recovery activities, fellowship, wellness and recovery related programs, 12 step meetings, Recovery Coaching, and one-on-one support.

The Turning Point Center respects all paths to Recovery. We are open 365 days a year to provide peer-to-peer recovery support, assistance, and networking to individuals in Recovery.

Recovery Peer Support Workers

The Turning Point Center offers Recovery Peer Support Workers Mon-Sun between 9 am and 5 pm. Recovery Peer Support Workers are available to provide one-on-one support to assist guests in finding solutions to various hurdles that arise in our path to sustained Recovery.

Outreach Peer Support Workers

The Turning Point Center now offers peer-to-peer support outside the walls of the recovery center. Outreach Peer Support Workers are working out of community organizations to allow easier access to individuals interested in recovery support.

Recovery Coaching

A Recovery Coach is a mentor in recovery that helps you to build a plan and take steps to achieve you goals! Recovery Coaches work with you to:

- Create a healthy vision for recovery, while supporting all paths to recovery.
- Help you make decisions about how to improve your life.
- Create a Recovery Wellness Plan to help with the progress of your recovery.
- Explore and connect with recovery resources. Recovery Coaches meet with you where you are in you recovery.

TURNING POINT CENTER OF CHITTENDEN COUNTY

191 BANK STREET
 BURLINGTON, VT
 (802)861-3150

www.turningpointcentervt.org

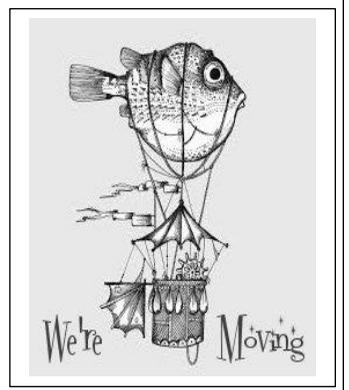
OPEN 7 DAYS A WEEK
ALL YEAR
 9 AM – 5 PM
 EVENING MEETINGS AND SPACE FOR RECOVERY
 COACH/SPONSOR MEETINGS
 PROGRAM SCHEDULE FOR
NOVEMBER 2018



DON'T WORRY! IT'S NOT FAR!
OUR NEW ADDRESS IS
179 SOUTH WINOOSKI AVENUE, BURLINGTON



ASIAN BODYWORK THERAPY ACUDETUX
 Tuesday 11/20
 3 PM
 Acudetox addresses pressure points shown to encourage detoxification and alleviate symptoms of withdrawal.
 *beads and needles



CODA - CODEPENDENTS ANONYMOUS
 Sunday 12
 A program designed to help people who feel they are in an unhealthy relationship and to understand their addiction and learn ways to either get out of the situation or turn it into something healthy.

reHUMAN THURSDAY
11/15 3PM
 TAKE A JOURNEY THAT COULD HELP INTEGRATE THE MIND, BODY, AND SPIRIT!

FAMILIES COPING WITH ADDICTION
 Wednesday 5:30 pm
 A support group for family and friends whose lives have been affected by the disease of addiction with a loved one.