

# DEAR FRIEND,

20 years ago, the Turning Point Center of Chittenden County was incorporated as a 501(c)3 nonprofit organization. Since its inception in 2003, the Center has moved from Colchester to Burlington, first located on S. Champlain Street, with a brief stay on Bank Street, and finally our current home on S. Winooski Avenue. More importantly, we've drastically expanded and enhanced our programming. What started as a 12-step meeting clubhouse now provides many diverse pathways for recovery and wellness.

In our twenty years of service, two things have stayed the same. First, we remain completely focused on our mission to provide a safe, judgement-free, substance-free environment to support people in their recovery from alcohol and drug addiction. And second, we do this as peers in recovery. This is vital, because when people feel hopeless it is very difficult to believe that things can change. We say to people: you can do this. And we know that you can do this, because we have done it ourselves.

This report provides a glimpse of our impact on the epidemic of substance use disorder. Included are statistics about our recovery coaching programs, which are the core foundation of our work. Recovery coaches work in the emergency department at the hospital, with parents striving to sustain their recovery, and with anyone who visits the Turning Point Center seeking change.

As the impacts of addiction continue to worsen throughout Vermont, we are responding by turning our center inside out. We are removing barriers and prioritizing outreach throughout all existing programs. We've expanded programs to provide low-barrier, rapid access to recovery services throughout the emergency, temporary, and low-income housing system in our community.

Our ability to do this work is thanks to you. We offer our deep gratitude.

Cam Lauf. Executive Director

# LOOKING BACK AT 2022: MEETING THE NEED



#### **Individuals Served Annually**

2022 878

2021

699

Number of visits to the Turning Point Center in downtown Burlington

8,606



"As the pandemic increased Vermont's rates of addiction, overdose, suicide, and homelessness, TPCCC has leaned into these challenges and expanded their offerings beyond the walls of their Recovery Center. They have stood up a highly impactful Outreach Coaching Program to better meet Vermonters in crisis where they're at."

- Will Eberle, Executive Director, Recovery Vermont

## RECOVERY COACHING WORKS

85%
of people who met with a Recovery Coach in the Emergency Department opted for recovery services afterwards.





"The Turning Point Center has been an instrumental part of my journey into recovery. At the Center, I found connection and a safe haven. I now work with TPC helping people in recovery connect to the same resources that were made available to me."

- Mishka Lord, ED Recovery Coach

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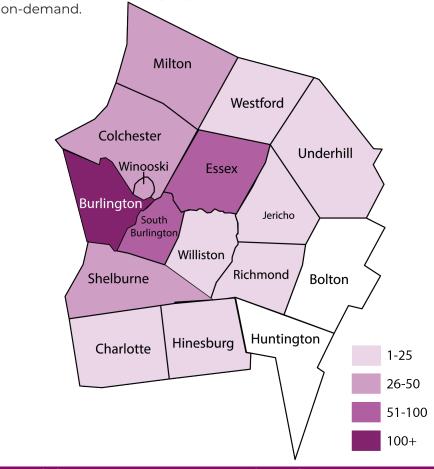
"My call of desperation was received with grace and my conversations with staff offered the light of hope. I can sincerely say that Recovery Coaching through the Turning Point Center has had a deeply positive and lasting impact on my sobriety of 14 months."

- Recovery Coaching participant 82%

of participants
working with a
recovery coach
reported an increase
in wellness after just
60 days.

# SERVING ALL OF CHITTENDEN COUNTY

Turning Point Center of Chittenden County serves people from all over our region. Recovery coaching, for individuals and families, has no barriers. We offer in-person, phone, and video conferencing options to connect with people. Our services are free, accessible, and



#### Participants from each town in Chittenden County

Burlington 357 Charlotte 7 Colchester 41 Essex 75 Hinesburg 12 Jericho 8 Milton 39 Richmond 5 Shelburne 27 S. Burlington 58 St. George 1 Underhill 3 Westford 4 Williston 17 Winooski 49

## FINANCIAL OVERVIEW

January 1 through December 31, 2022



\$775.307

Individual donors & foundations

\$189,644

Vermont Dept. of Health

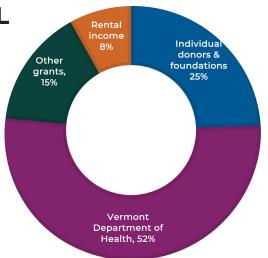
\$403,499

Other grants

\$119.199

Rental income

\$62,963



### **EXPENSES TOTAL**

\$735,853

Program expenses & salaries

\$439.528

**Building & supplies** 

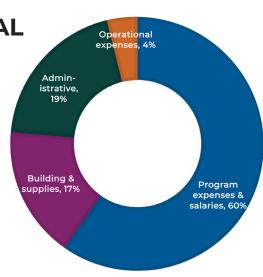
\$123,086

Administrative

\$144,599

**Operational expenses** 

\$28.638



Please note: These are unaudited numbers. A copy of TPCCC's 990 tax form is available upon request.

### **BOARD OF DIRECTORS**

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## STAFF OF TPCCC

Michael Couture, CRC, Emergency Department Recovery Coach Chris Hallowell, Peer Support Specialist
Heidi Hausler, CRC, Parents in Recovery Program Coordinator
Dale Henry, Peer Support Specialist
Emily Korkosz, CRC, Coaching Services Coordinator
Cam Lauf, CRC, Executive Director
Mishka Lord, CRC, Emergency Department Recovery Coach
Krista Marzewski, CRC, Peer Support Team Lead
Andrew McKinnon, Weekend Operations Manager
Kim Norman Mercer, Director of Marketing & Development
Amanda Smith, Peer Support Specialist
Dan Smith, CRC, Emergency Department Recovery Coach
Debra Trueax, CRC, Administrative Manager
Chip Viau, CRC, Emergency Department Recovery Coach
Olivia Watson, CRC, Outreach Recovery Coach

Tara Campbell, CRC, Emergency Department Recovery Coach



179 S. Winooski Ave., Suite 301, Burlington, VT 05401 (802) 861-3150 + www.turningpointcentervt.org

