

MAKING RECOVERY EASIER



Topics
Include:

Sponsorship

Spirituality

Attitudes

Myths

Customs

Living Sober

Do you want to be in recovery?
Are you struggling with recovery?
Would a 12-step program help you?

**This educational, interactive workshop
may be the answer.**

- * Addresses myths about 12-step programs
- * Provides supportive environments for participants to share their experiences with recovery
- * Helps participants develop a personal path to recovery

Participants who attend all
six-sessions will receive a
Certificate of Completion.



This is a continuously running
program, start anytime and
complete the sessions in any
order



Follows research proven
format developed for
“Making Alcoholics
Anonymous Easier” (MAAEZ)



Mondays 1:30pm

&

Fridays 12:00pm