



# Turning Point Center OF CHITTENDEN COUNTY

*A safe and supportive environment for those in recovery...*



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## PRESS RELEASE

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The Turning Point Center of Chittenden County has received a grant from the Department of Health, Division of Maternal & Child Health for a new recovery peer support program (New Mom's in Recovery) for pregnant and parenting women with a history of opioid dependence in the amount of \$53,400. The purpose of the grant is to allow the Center to train and have available a recovery coach and a recovery peer support specialist to be available to all mother's pregnant or parenting children through age 5 who need some extra support on their path in recovery from opioid drug addiction. The Recovery Peer Support Specialist can help with issues related to housing, job opportunities and other personal issues that could get in the way of their recovery.

Kelly Breeyear has been hired to coordinate this project. She is a certified recovery coach and will also perform recovery peer support specialist duties for the New Moms in Recovery Program. Under the guidance and supervision of the Executive Director Gary De Carolis there has been built a strong foundation to provide support to women here within the center. The New Mom's in Recovery Program will insure that each and every mother that comes into the center will receive individual attention by a peer who acts as a resource expert. In some cases, it is just a caring ear that can make a world of difference.

The most unique part of this new program is that mothers are able to bring their children with them while they receive support in their recovery. We have a diaper changing station with all sizes available, age appropriate toys and activities for moms to do with their children and it provides a distraction for the children while the moms receive support in their recovery. The program has been well received and we are hopeful for its future growth.