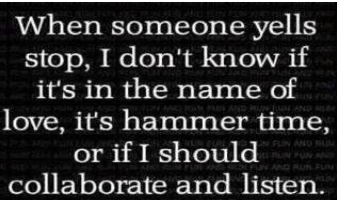







	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MEETINGS	12 NA BEAUTIFUL ADDICTS 6 PM AA 1 ST STEP 1, 2, 3 8 PM NA EXPERIENCE, STRENGTH, & HOPE	5:30 PM AA WAY OF LIFE + 7 PM AA PROUD AND SOBER 7:30 PM OA BIG BOOK SOLUTION GROUP	5:30 PM FAMILIES COPING WITH ADDICTION 6 PM SMART RECOVERY 7:00 PM MA STONE FREE	12 NA BEAUTIFUL ADDICTS 6:30 PM AA PRAYER & MEDITATION	6:30 PM AA GIRLS NIGHT OUT 8 PM AA FREAKY FRIDAY STARTING 10/12 7 PM BUDDHIST RECOVERY	10:30 AM NA WOMEN DO RECOVER 10:30 AM NA CLEAN DOODZ CLUB (90 MIN.) 12 AA 12x4 6:30 PM AA HOW IT WORKS	9:15 AM AA HIGHLIGHTERS 12 CODA 3:30 PM SOUGHT THROUGH PRAYER & MEDITATION 11TH STEP MEETING 6 PM AA INTO ACTION
	MONDAY 	TUESDAY I AM CONVINCED THAT EVERY TIME A SOCK GOES MISSING FROM THE DRYER IT COMES BACK AS AN EXTRA TUPPERWARE LID	WEDNESDAY 	THURSDAY 	FRIDAY 	SATURDAY <div style="border: 1px solid black; padding: 5px;"> SPECIAL ONE DAY WORKSHOPS AT 1:00 PM: 10/13 INTRO TO FACE PAINTING 10/20 GORE 101 </div>	SUNDAY <div style="border: 1px solid black; padding: 5px;"> STARTING ON 10/21 11 AM MINDFUL BEGINNINGS </div>
PROGRAMS	7:15 AM MEDITATION 10 AM EMPLOYMENT CONSULTING 10:30 AM RECOVERY COMMUNITY YOGA 12 LUNCH WITH TED (TALKS) & KEN 2 PM Y12SR YOGA 5 PM CLOSED – RECOVERY SUPPORT HOURS END	7:15 AM MEDITATION 9:00 AM VERMONT DEPT. OF LABOR JOBS AND RESOURCE ASSISTANCE HELP 9:30 AM MOMS IN RECOVERY SUPPORT GROUP 2 PM 10/16 SELF DEFENSE REIKI 10/16 3 PM 10/16 ASIAN BODY THERAPY ACUDETOX 5 PM CLOSED – RECOVERY SUPPORT HOURS END	7:15 AM MEDITATION 10 AM EMPLOYMENT CONSULTING 10:30 AM RECOVERY COMMUNITY YOGA 5 PM CLOSED – RECOVERY SUPPORT HOURS END 5:30 PM 10/10 TPCCC BOARD MEETING	7:15 AM MEDITATION 9:30 AM MOMS IN RECOVERY SUPPORT GROUP 1 PM VOLUNTEER ORIENTATION 2 PM EXPRESSIVE STEPS 3 PM 10/4 REHUMAN 5 PM SANGHA YOGA 5 PM CLOSED – RECOVERY SUPPORT HOURS END 6 PM RECOVERY WRITE NOW!	10:30 AM RECOVERY COMMUNITY YOGA 3 PM 5 PM OPEN ART 5 PM CLOSED – RECOVERY SUPPORT HOURS END 	10 AM 5 PM OPEN ART 2 PM RHYTHM WRITERS 4:30 PM MOMS IN RECOVERY SUPPORT GROUP <div style="border: 1px solid black; padding: 5px;">  </div>	10 AM – 2 PM OPEN ART 11 AM STARTS 10/21 MINDFUL BEGINNINGS 1:30 PM 10/14 REIKI 1:45 CVANA 10/28 2 PM WHEN WE CAN! SUNDAY AT THE MOVIES! 5 PM CLOSED – RECOVERY SUPPORT HOURS END

Healing is the process of reestablishing the integration between body, mind, and spirit, creating opportunities for the return of the memory of wholeness.

Y12SR YOGA

Mondays 2 PM

A unique blending of a meeting and a Yoga class!

***STARTING
10/12*
7PM
BUDDHIST
RECOVERY**

IMPORTANT

Please note that we close a 5 pm For meetings in the evening, you may come a half hour before the start of the meeting you are attending.

**LOOKING FOR WORK?
WE'RE HERE TO HELP!**

**EMPLOYMENT CONSULTING M & W 10 AM
VERMONT DEPT. OF LABOR TUES 9 AM**

The Turning Point Center of Chittenden County now has a Recovery Coach with the ability to work with the Deaf and Hard of Hearing Community. For more information kenj@turningpointcentervt.org

RECOVERY COMMUNITY YOGA

**M, W, F 10:30 AM
ALL LEVELS
WELCOME!**

MINDFUL BEGINNINGS 11AM-12

**COME LEARN THIS
POWERFUL TOOL
FOR YOUR
RECOVERY!**

The Turning Point Center of Chittenden County provides a drug free and alcohol free environment for peer-to-peer recovery activities, fellowship, wellness and recovery related programs, 12 step meetings, Recovery Coaching, and one-on-one support.

The Turning Point Center respects all paths to Recovery. We are open 365 days a year to provide peer-to-peer recovery support, assistance, and networking to individuals in Recovery.

Recovery Peer Support Workers

The Turning Point Center offers Recovery Peer Support Workers Mon-Sun between 9 am and 5 pm. Recovery Peer Support Workers are available to provide one-on-one support to assist guests in finding solutions to various hurdles that arise in our path to sustained Recovery.

Outreach Peer Support Workers

The Turning Point Center now offers peer-to-peer support outside the walls of the recovery center. Outreach Peer Support Workers are working out of community organizations to allow easier access to individuals interested in recovery support.

Recovery Coaching

A Recovery Coach is a mentor in recovery that helps you to build a plan and take steps to achieve you goals! Recovery Coaches work with you to:

- Create a healthy vision for recovery, while supporting all paths to recovery.
- Help you make decisions about how to improve your life.
- Create a Recovery Wellness Plan to help with the progress of your recovery.
- Explore and connect with recovery resources. Recovery Coaches meet with you where you are in you recovery.

TURNING POINT CENTER OF CHITTENDEN COUNTY

191 BANK STREET
BURLINGTON, VT
(802)861-3150

www.turningpointcentervt.org

OPEN 7 DAYS A WEEK

ALL YEAR

9 AM – 5 PM

EVENING MEETINGS AND SPACE

FOR RECOVERY

COACH/SPONSOR MEETINGS

PROGRAM SCHEDULE FOR

OCTOBER 2018



STARTING 10/12

7PM



ASIAN
BODYWORK
THERAPY
ACUETOX
Tuesday 9/18
3 PM
Acudetox
addresses
pressure points
shown to
encourage
detoxification
and alleviate
symptoms of
withdrawal.
*beads and
needles



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facebook 

CODA - CODEPENDENTS ANONYMOUS

Sunday 12

A program designed to help people who feel they are in an unhealthy relationship and to understand their addiction and learn ways to either get out of the situation or turn it into something healthy.

**reHUMAN
THURSDAY 10/4
3PM**

**TAKE A JOURNEY
THAT COULD HELP
INTEGRATE THE
MIND, BODY, AND
SPIRIT!**

FAMILIES COPING WITH ADDICTION

Wednesday 5:30 pm
A support group for family and friends whose lives have been affected by the disease of addiction with a loved one.