





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MEETINGS	12 NA BEAUTIFUL ADDICTS 6 PM AA 1 ST STEP 1, 2, 3 8 PM NA EXPERIENCE, STRENGTH, & HOPE	5:30 PM AA WAY OF LIFE 6:00 PM NA WOMEN DO RECOVER 7 PM AA PROUD AND SOBER 7:30 PM OA BIG BOOK SOLUTION GROUP	5:30 PM FAMILIES COPING WITH ADDICTION 7:00 PM MA STONE FREE	12 NA BEAUTIFUL ADDICTS 6:30 PM AA PRAYER & MEDITATION	6:30 PM AA GIRLS NIGHT OUT <i>Now A Candlelight Meeting!</i> 7 PM BUDDHIST RECOVERY 8 PM AA FREAKY FRIDAY	10:30 AM NA CLEAN DOODZ CLUB 12 AA 12x4 6:30 PM AA HOW IT WORKS	9:15 AM AA HIGHLIGHTERS 12 CODA 3:30 PM SOUGHT THROUGH PRAYER & MEDITATION 11TH STEP MEETING 6 PM AA INTO ACTION
	MONDAY 	TUESDAY OUR GRAND OPENING! 1/15 11 AM – 1 PM	WEDNESDAY 	THURSDAY 	FRIDAY 	SATURDAY <div style="border: 2px solid red; padding: 5px; text-align: center;"> LEARN TO CROCHET FOR BEGINNERS! A ONE DAY TUTORIAL! JANUARY 5TH 1:00 PM! </div>	SUNDAY 1/6 1 PM – 4 PM VALLEY VISTA REUNION!!!
PROGRAMS	10:30 AM RECOVERY COMMUNITY YOGA 12 LUNCH WITH TED (TALKS) & KEN 2 PM Y12SR YOGA 5 PM CLOSED – RECOVERY SUPPORT HOURS END	9:30 AM MOMS IN RECOVERY SUPPORT GROUP 2 PM 1/8 AND 1/22 <u>SELF DEFENSE</u> 2 PM 1/22 <u>REIKI</u> 3 PM 1/8 AND 1/22 <u>ASIAN BODY THERAPY ACUDETOX</u> 5 PM CLOSED – RECOVERY SUPPORT HOURS END	10 AM MOMS IN RECOVERY – TED TALKS TO MOM! STARTS JANUARY 9TH!!! 10:30 AM RECOVERY COMMUNITY YOGA 5 PM CLOSED – RECOVERY SUPPORT HOURS END 5:30 PM 1/9 TPCCC BOARD MEETING	9:30 AM MOMS IN RECOVERY SUPPORT GROUP 1 PM VOLUNTEER ORIENTATION 3 PM 1/17 REHUMAN 5 PM SANGHA YOGA 5 PM CLOSED RECOVERY SUPPORT HOURS END STARTS JANUARY 9TH 6:30 PM LIFE TO PAGE!	10:30 AM RECOVERY COMMUNITY YOGA 1:00 PM MOMS IN RECOVERY – CRAFTY PARENTING!!! STARTS JANUARY 11TH!!! 3 PM - 5 PM OPEN ART 5 PM CLOSED – RECOVERY SUPPORT HOURS END	10 AM 5 PM OPEN ART 4:30 PM MOMS IN RECOVERY SUPPORT GROUP <div style="border: 1px solid blue; padding: 10px; text-align: center; margin: 10px;"> WHAT IF YOU SIMPLY DEVOTED THIS YEAR TO LOVING YOURSELF MORE? </div>	1:30 PM 1/6 AND 1/13 <u>REIKI</u> 2 PM SUNDAY AT THE MOVIES! 5 PM CLOSED – RECOVERY SUPPORT HOURS END



Y12SR YOGA

Mondays 2 PM

A unique blending of a meeting and a Yoga class!

LIFE TO PAGE

A writing workshop for people in Recovery.

STARTS 1/9!

IMPORTANT

Please note that we close a 5 pm. For meetings in the evening, you may come a half hour before the start of the meeting you are attending.

**LOOKING FOR WORK?
WE'RE HERE TO HELP!**

**EMPLOYMENT CONSULTING
MONDAY - THURSDAY**

The Turning Point Center of Chittenden County now has a Recovery Coach with the ability to work with the Deaf and Hard of Hearing Community. For more information kenj@turningpointcentervt.org

RECOVERY COMMUNITY YOGA

**M, W, F 10:30 AM
ALL LEVELS
WELCOME!**

MINDFUL BEGINNINGS

**11AM-12
COME LEARN THIS
POWERFUL TOOL
FOR YOUR
RECOVERY!**

The Turning Point Center of Chittenden County provides a drug free and alcohol free environment for peer-to-peer recovery activities, fellowship, wellness and recovery related programs, 12 step meetings, Recovery Coaching, and one-on-one support.

The Turning Point Center respects all paths to Recovery. We are open 365 days a year to provide peer-to-peer recovery support, assistance, and networking to individuals in Recovery.

Recovery Peer Support Specialists

The Turning Point Center offers Recovery Peer Support Workers Mon-Sun between 9 am and 5 pm. Recovery Peer Support Specialists are available to provide one-on-one support to assist guests in finding solutions to various hurdles that arise in our path to sustained Recovery.

Outreach Peer Support Specialists

The Turning Point Center now offers peer-to-peer support outside the walls of the recovery center. Outreach Peer Support Specialists are working out of community organizations to allow easier access to individuals interested in recovery support.

Recovery Coaching

A Recovery Coach is a mentor in recovery that helps you to build a plan and take steps to achieve you goals! Recovery Coaches work with you to:

- Create a healthy vision for recovery, while supporting all paths to recovery.
- Help you make decisions about how to improve your life.
- Create a Recovery Wellness Plan to help with the progress of your recovery.
- Explore and connect with recovery resources. Recovery Coaches meet with you where you are in you recovery.

TURNING POINT CENTER OF CHITTENDEN COUNTY

179 S. WINOOSKI AVENUE

BURLINGTON, VT

(802)861-3150

www.turningpointcentervt.org

OPEN 7 DAYS A WEEK

ALL YEAR

9 AM – 5 PM

EVENING MEETINGS AND SPACE

FOR RECOVERY

COACH/SPONSOR MEETINGS

PROGRAM SCHEDULE FOR

JANUARY 2019!

GRAND OPENING

AND ROOM DEDICATION
JAN. 15TH
2019
11 AM - 1 PM

WE HAVE GYM EQUIPMENT!



ART STUDIO OPEN

ASIAN BODYWORK THERAPY ACUDETUX

Tuesday

1/8 AND 1/22

2 PM

Acudetox addresses pressure points shown to encourage detoxification and alleviate symptoms of withdrawal.

*beads and needles

Like us on  facebook

CODA - CODEPENDENTS ANONYMOUS

Sunday 12

A program designed to help people who feel they are in an unhealthy relationship and to understand their addiction and learn ways to either get out of the situation or turn it into something healthy.

reHUMAN
THURSDAY 1/17
3PM

TAKE A JOURNEY THAT COULD HELP INTEGRATE THE MIND, BODY, AND SPIRIT!

THIS IS WHERE THE FUN STUFF HAPPENS