
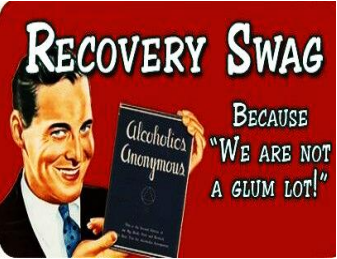

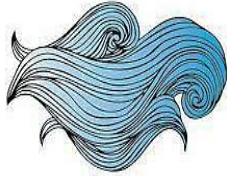








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>10:30 AM RECOVERY COMMUNITY YOGA</p> <p>12:00 NA BEAUTIFUL ADDICTS</p> <p>2 PM Y12SR YOGA</p> <p>4:00 PM DON'T WAIT, MEDITATE!</p> <p>5 PM CLOSED – RECOVERY SUPPORT HOURS END</p> <p>5:30 PM INTRO 2 FITNESS</p>  <p>6 PM AA 1ST STEP 1, 2, 3</p> <p>8 PM NA EXPERIENCE, STRENGTH, & HOPE</p> 	<p>*NEW TIME!* 3:30 PM TAI CHI</p>  <p>4:00 PM COLOR DISCOVERY PROCESS PAINTING FOR RECOVERY</p> <p>*NEW TIME!* 3:30 PM TAI CHI</p> <p>5 PM CLOSED – RECOVERY SUPPORT HOURS END</p> <p>5:30 PM AA WAY OF LIFE</p> <p>7 PM AA PROUD AND SOBER</p> <p>7:30 PM OA BIG BOOK SOLUTION GROUP</p>	<p>10:30 AM RECOVERY COMMUNITY YOGA</p> <p>3:00 PM 6/12 REHUMAN</p> <p>5:00 PM LAUGHING RIVER YOGA</p>  <p>LAUGHING RIVER YOGA</p> <p>5:00 PM CLOSED – RECOVERY SUPPORT HOURS END</p> <p>5:30 PM FAMILIES COPING WITH ADDICTION</p> <p>5:30 6/12 TPCC MONTHLY BOARD MEETING</p> <p>7:00 PM MA STONE FREE</p>	<p>12:00 NA BEAUTIFUL ADDICTS</p> <p>1:00 PM VOLUNTEER ORIENTATION</p> <p>5:00 PM SANGHA YOGA</p>  <p>sangha yoga</p> <p>5:00 PM CLOSED – RECOVERY SUPPORT HOURS END</p> <p>6:00 PM SIGN IT! ASL 1</p>  <p>6:30 PM AA PRAYER AND MEDITATION</p>	<p>10:30 AM RECOVERY COMMUNITY YOGA</p> <p>3:00 OPTIMUM ACUPUNCTURE</p> <p>5:00 PM CLOSED – RECOVERY SUPPORT HOURS END</p> <p>6:30 PM AA GIRLS NIGHT OUT</p> <p>7:00 PM BUDDHIST RECOVERY</p> <p>8:00 PM AA FREAKY FRIDAY</p> <p>5 years ago I was a mess & now I am a mess but at peace with it and I've found a bunch of great music.</p>	<p>10:30 AM NA CLEAN DOODZ CLUB</p> <p>12:00 AA 12 x 4</p> <p>2:00 PM THE SATURDAY SHIMMY AMERICAN TRIBAL BELLY DANCING</p> <p>3:00 PM LIFE CASTING</p>  <p>5:00 PM CLOSED – RECOVERY SUPPORT HOURS END</p> <p>6:30 PM AA HOW IT WORKS</p> <p>Saw a pigeon having a job interview. I hope he got it.</p> 	 <p>HAPPY FATHER'S DAY</p> <p>9:15 AM AA HIGHLIGHTERS</p> <p>12:00 CODA <i>Codependents</i> <i>Anonymous</i></p> <p>1:30 PM 6/2 AND 6/9 REIKI</p> <p>2:00 PM SUNDAY AT THE MOVIES!</p> <p>5:00 PM CLOSED – RECOVERY SUPPORT HOURS END</p> <p>6:00 PM AA INTO ACTION</p> 

Come Learn A Valuable Way
To Communicate
And Make New Connections!

SIGN IT!

American Sign Language 1
Thursdays at 6:00 PM



Y12SR YOGA

Mondays 2 PM

A unique blending of a
meeting and a Yoga
class!



12:00 Sundays

IMPORTANT

Please note that
we close a 5 pm.
For meetings in
the evening, you
may come a half
hour before the
start of the
meeting you are
attending.

LOOKING FOR WORK?

WE'RE HERE TO HELP!
EMPLOYMENT CONSULTING
MONDAY - THURSDAY

INTRO 2 FITNESS

Experience the benefits of Circuit Training!
Learn how to use basic gym equipment!
Guidance from a Certified Personal Trainer!
5:30 pm MONDAYS

RECOVERY COMMUNITY YOGA

M, W, F 10:30 AM
ALL LEVELS
WELCOME!

THE SATURDAY SHIMMY!

**AMERICAN TRIBAL
BELLY DANCING!**
**SATURDAYS AT
2:00 PM!**

The Turning Point Center of Chittenden County provides a drug free and alcohol free environment for peer-to-peer recovery activities, fellowship, wellness and recovery related programs, 12 step meetings, Recovery Coaching, and one-on-one support.

The Turning Point Center respects all paths to Recovery. We are open 365 days a year to provide peer-to-peer recovery support, assistance, and networking to individuals in Recovery.

Recovery Peer Support Specialists

The Turning Point Center offers Recovery Peer Support Workers Mon-Sun between 9 am and 5 pm. Recovery Peer Support Specialists are available to provide one-on-one support to assist guests in finding solutions to various hurdles that arise in our path to sustained Recovery.

Outreach Peer Support Specialists

The Turning Point Center now offers peer-to-peer support outside the walls of the recovery center. Outreach Peer Support Specialists are working out of community organizations to allow easier access to individuals interested in recovery support.

Recovery Coaching

A Recovery Coach is a mentor in recovery that helps you to build a plan and take steps to achieve you goals! Recovery Coaches work with you to:

- Create a healthy vision for recovery, while supporting all paths to recovery.
- Help you make decisions about how to improve your life.
- Create a Recovery Wellness Plan to help with the progress of your recovery.
- Explore and connect with recovery resources. Recovery Coaches meet with you where you are in you recovery.

TURNING POINT CENTER OF CHITTENDEN COUNTY

179 S. WINOOSKI AVENUE
SUITE 301
BURLINGTON, VT
(802)861-3150

www.turningpointcentervt.org

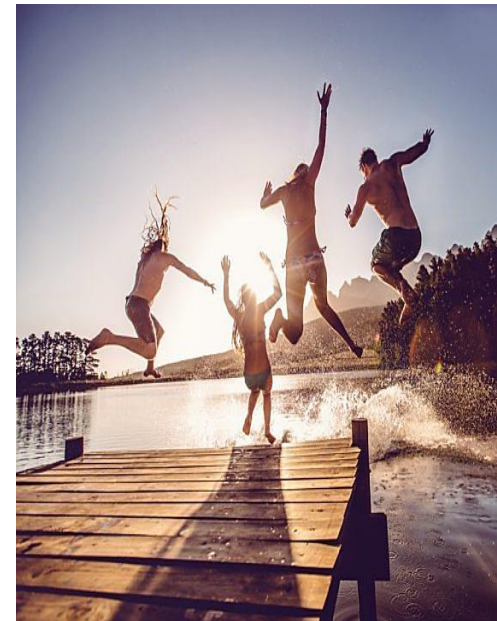
OPEN 7 DAYS A WEEK

ALL YEAR

9 AM – 5 PM

EVENING MEETINGS AND SPACE
FOR RECOVERY
COACH/SPONSOR MEETINGS
PROGRAM SCHEDULE FOR

JUNE 2019!



WE HAVE
GYM
EQUIPMENT!

TUE. AT 3:30 PM
TAI CHI

A MARTIAL ART FOR
RELAXATION, SELF
AWARENESS, AND
WELL BEING

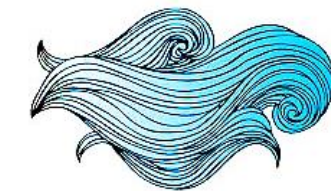
ART
STUDIO
OPEN

ART HAPPENS HERE



7:00 pm
"Stone Free"
Wednesdays

Like us on
facebook



LAUGHING RIVER YOGA

Come
stretch it all
out!

Every
Wednesday
at 5:00 pm



Integrating Body, Mind and Spirit
3:00 PM June 12th