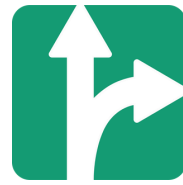


Weekly Schedule

179 S. Winooski Ave. Suite 301, Burlington, VT 05401
Email: support@turningpointcentervt.org | Phone: (802) 861-3150
www.turningpointcentervt.org



Turning Point Center
OF CHITTENDEN COUNTY

Sunday

9:30am Sober Sunday
10:30am Nic-Anon
12pm AA Nooner
3:30pm AA Gift of Desperation

Monday

10:30am Online Yoga w/Krista
12pm AA Nooner
12pm NA Beautiful Addicts
2pm Online Y12SR Yoga w/Krista

Tuesday

10am 3pm HireAbility (meet with Jacob or Venessa)
9:30am Breaking Chains
12pm AA Nooner
1:30pm Al-Anon
5:30pm AA-Way of Life
6:00pm The Family Restored
6:30pm NA Beautiful Addicts
6:30pm SMART Recovery

Wednesday

10:30am Online Yoga w/Krista
12:00pm AA Nooner
1:30pm Creative Writing
3:30pm AA Ask About Sobriety
5:30pm Families Coping w/Addiction(online & in-person)
7:30pm Online Y12SR Yoga with/Krista

NEW!

Thursday

11am-12pm Meet with Evan (Burlington Housing Authority)
12pm AA Nooner
1pm SMART Recovery

Friday

10:30 am Inperson Yoga w/Robin
12:00pm AA Nooner
2pm Celebrate Recovery
2pm Online Yoga with Lauri
6pm AA Women's Big Book Meeting (Seeking the Solution), starts 6/7

NEW!

Saturday

12pm AA Nooner

Please review center policies posted on wall or at the front desk. Policies must be followed by all guests.

Visit Turning Point Center (TPC) to:

- Meet with a Recovery Support Staff or Coach
- Do an intake for a Recovery Coach
- Participate in recovery meetings
- Engage in Yoga & mindfulness sessions
- Attend writing, arts, and crafting groups
- Connect with your recovery community (guests & staff)
- Access computers and services

At TPC you can explore diverse avenues to recovery in a secure and substance-free environment.