

WEEKLY SCHEDULE

Recovery Groups & Meetings



Turning Point Center
OF CHITTENDEN COUNTY

MONDAY

9:30 AM - Inperson & Online Yoga
12 PM - AA Nooner
12 PM - NA Beautiful Addicts
2 PM - Online Y12 Yoga w/Krista

TUESDAY

9:30 AM - Breaking Chains
10:00 AM - 3:00 PM - HireAbility (formerly VocRehab)
11:00 AM Free Acupuncture
12:00 PM - AA Nooner
5:30 PM - AA Way of Life
6:30 PM - NA Beautiful Addicts

WEDNESDAY

9:30 AM - Online Yoga
12:00 PM - AA Nooner
5:30 PM - Families Coping w/Addiction(online & in-person)
7:30 PM - Online Y12 Yoga

THURSDAY

10:00 AM - Marijuana Anonymous
12:00 PM - AA Nooner
1:00 PM Recovery Dharma
1:15 PM - SMART Recovery
4:00 PM - Young Adult All Recovery Meeting (age 18-24)

FRIDAY

9:30 AM - Transformations Spiritual Study
9:30 AM - Online Yoga
10:30 AM - Parents In Recovery: All Recovery Group
12:00 PM - AA Nooner
11:00 AM - Free Acupuncture
5:30 PM - SMART Recovery
6:00 PM - AA Women's Big Book Meeting (Seeking the Solution)

SATURDAY

12:00 PM - AA Nooner
1:30 PM - Artists Anonymous

FREE Playgroup for parents in recovery, Starts April 11, 11 am - 1pm (1st & 3rd Saturday)



SUNDAY

9:30 AM - AA Sober Sunday
12:00 PM - AA Nooner
2:00 PM - AA One Sparkle at a Time (Transformation)
3:30 PM - AA Gift of Desperation

Note: Please review center policies posted on wall or at the front desk. Policies must be followed by all guests.

NEWS

New!

FREE ACUPUNCTURE
Tuesdays with Stephen Lane
Fridays with Dr. Anne Knott

FREE Playgroup
for parents in recovery,
Starts April 11, 11 am - 1pm

In our center you can:

- Meet with a Recovery Support Staff or Coach
- Do an intake for a Recovery Coach
- Participate in recovery meetings
- Engage in Yoga & mindfulness sessions
- Attend writing, arts, and crafting groups
- Connect with your recovery community
- Access computers and services
- Have access to a safe, supportive space

Turning Point Center of Chittenden County
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