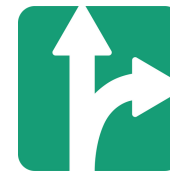


WEEKLY SCHEDULE

Recovery Groups & Meetings



Turning Point Center
OF CHITTENDEN COUNTY

MONDAY

9:30 AM: In-person & Online Yoga
12 PM: AA Nooner
12 PM: NA Beautiful Addicts
2 PM: Online Y12 Yoga

TUESDAY

9:30 AM: Breaking Chains
10 AM - 3 PM: HireAbility
11 AM: Free Acupuncture
12 PM: AA Nooner
5:30 PM: AA Way of Life
6:30 PM: NA Beautiful Addicts

WEDNESDAY

9:30 AM: Online Yoga
12 PM: AA Nooner
5:30 PM: Families Coping w/Addiction (online & in-person)
7:30 PM: Online Y12 Yoga

THURSDAY

10:30 AM: Marijuana Anonymous
12 PM: AA Nooner
1 PM: Recovery Dharma
1:15 PM: SMART Recovery
4 PM: Young Adult All Recovery Meeting (ages 18-24)

FRIDAY

9:30 AM: Transformations Spiritual Study
9:30 AM: Online Yoga
10:30 AM: Parents in Recovery: All Recovery Group
11 AM: Free Acupuncture
12 PM: AA Nooner
5:30 PM: SMART Recovery
6 PM: AA Women's Big Book Meeting (Seeking the Solution)

SATURDAY

12 PM: AA Nooner
1 PM: Dungeons & Dragons

**FREE Playgroup
for parents in recovery,
11 am - 1pm
1st & 3rd Saturday
of the Month**



SUNDAY

9:30 AM: AA Sober Sunday
12 PM: AA Nooner
2 PM: AA One Sparkle at a Time (Transformation)
3:30 PM: AA Gift of Desperation

Note: Please review center policies posted on wall or at the front desk. Policies must be followed by all guests.

NEWS

New Group!

Dungeons and Dragons

When: Saturdays 1 - 2ish
Where: Conference Room

**2025
STAND UP**
for Recovery

HEADLINER: TINA FRIML
Opening Act: Deb Reiser
Hosted by: Tracy Dolan, Emcee

JUNE 18, 2025
A NIGHT OF COMEDY TO BENEFIT:



In our center you can:

- Meet with a Recovery Support Staff or Coach
- Do an intake for a Recovery Coach
- Participate in recovery meetings
- Engage in Yoga & mindfulness sessions
- Attend writing, arts, and crafting groups
- Connect with your recovery community
- Access computers and services
- Have access to a safe, supportive space



Get your tickets!