

WEEKLY SCHEDULE

Recovery Groups & Meetings



Turning Point Center
OF CHITTENDEN COUNTY

MONDAY

9:30 AM: Online Recovery Yoga
10 AM - 12 PM: HOPE Works
12 PM: AA Nooner
12 PM: NA Beautiful Addicts
2 PM: Online Y12 Yoga

TUESDAY

9:30 AM: Breaking Chains
10 AM - 3 PM: HireAbility
12 PM: AA Nooner
4 PM: Building Healthy Relationships in Recovery
5:30 PM: AA Way of Life
6:30 PM: In-Person Recovery Yoga
6:30 PM: NA Beautiful Addicts

WEDNESDAY

9:30 AM: Online Yoga
10 AM: All Recovery Meeting at TPCCC (Open to anyone under DOC supervision)
12 PM: AA Nooner
5:30 PM: Families Coping with Addiction
7:30 PM: Online Y12 Yoga

THURSDAY

10 AM - 2 PM: HireAbility
12 PM: AA Nooner
1 PM: Recovery Dharma
1:15 PM: SMART Recovery (online only)
5:30 PM: Nar-Anon

FRIDAY

9:30 AM: Transformations Spiritual Study
10:30 AM: Parents in Recovery: All Recovery Group
11 AM: FREE Acupuncture
12 PM: AA Nooner
1:30 PM: Emotional Sobriety
5:30 PM: SMART Recovery
6 PM: Seeking the Solution: AA Women's Meeting

SATURDAY

11 AM - 1 PM: Parents in Recovery Playgroup
12 PM: AA Nooner
1:30 PM: Fathers in Recovery
1:30 PM Narcotics Anonymous
2 PM: Daily Reflections Men's AA Meeting

FREE Playgroup for parents in recovery
11 am - 1pm
1st & 3rd Saturday of the Month



SUNDAY

9:30 AM: AA Sober Sunday
12 PM: AA Nooner
1:30- 3 PM: Writers for Recovery
2 PM: AA One Sparkle at a Time (Transformation)
3:30 PM: AA Gift of Desperation

Note: Please review center policies posted on wall or at the front desk. Policies must be followed by all guests.

NEWS



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OF CHITTENDEN COUNTY

2026

PRESENTS...

RAVING FOR RECOVERY!

CITY HALL PARK ★ BURLINGTON, VT
SATURDAY ★ AUGUST 15TH ★ 4:30PM-9PM

In our center you can:

- Meet with a Recovery Support Staff or Coach
- Do an intake for a Recovery Coach
- Participate in recovery meetings
- Engage in Yoga & mindfulness sessions
- Attend writing, arts, and crafting groups
- Connect with your recovery community
- Access computers and services
- Have access to a safe, supportive space

Turning Point Center of Chittenden County

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